



📍 Community members,
Simmons Park, Lindisfarne,
Hobart.

Preventing Dementia MOOC*

FREE ONLINE SHORT COURSE

Free 4-week course developed by The Wicking Dementia Centre.

Runs every May and October.

Research suggests that up to 40% of cases of dementia can be prevented, so it's never too early or too late to do something good for your brain and reduce your risk. Learn how lifestyle and health factors interact to increase or decrease dementia risk, based on the latest scientific evidence.

For more information or to enrol, visit mooc.utas.edu.au

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Dementia Research and Education Centre